EDUCATIONAL MENTAL HEALTH PRACTITIONER PG Dip / 2019/20 ENTRY

www.ucl.ac.uk/graduate/
This programme is a shared initiative between the Department of Education and Department of Health and supports the government’s priority to increase access of mental health and wellbeing support for children and young people. The new Education Mental Health Practitioner (EMHP) role is an exciting opportunity to deliver evidence-based early interventions for children and young people in educational settings in England such as schools and colleges.

### Degree summary

This is a full-time employment training programme. On completion of this year-long programme, trainees will qualify as an EMHP. This is a new role where EMHPs will play a key role in promoting emotional wellbeing in educational settings. They will work as part of the new Mental Health Support Teams as outlined in Transforming Children and Young People’s Mental Health Provision: a Green Paper. The EMHP programme trains wellbeing practitioners to offer low intensity evidence-based interventions for mild to moderate mental health difficulties in educational settings. This includes group interventions and psychoeducation workshops.

- UCL has a formal partnership with the Anna Freud National Centre for Children and Families (AFNCCF), a national charity with a worldwide reputation. This programme will be delivered by the AFNCCF where you will have the opportunity to learn from experienced practitioners in the field. At the AFNCCF, we aim to equip trainees with the knowledge and skills to work effectively in promoting the resilience and wellbeing of children, young people and families.
- Entry to this programme is through a training contract with a relevant Trailblazer site. Positions are co-ordinated centrally and advertised via UCL Admissions. Recruitment is organised with the application process open for a limited period of time only. Please read the EMHP Recruitment Pack. For more information, see our Applications page.

During university days, trainees will develop theoretical knowledge and practical skills in delivering low intensity evidence-based interventions for mild to moderate mental health difficulties in educational settings. Programme trainees will develop these skills further undertaking case work within the Mental Health Support Teams in which they are employed. Trainees will be expected to attend teaching for approximately three days a week in the first term and approximately two days a week in terms two and three. Teaching is a combination of lecture-style workshops delivered by leading practitioners in the field and small practice tutor groups to help link theory to practice. This includes case discussions. Assessment on the programme will comprise of written, oral and video assignments in order to demonstrate their theoretical knowledge and practical skills.

### Degree structure

**Mode:** Part-time: 1 year  
**Location:** London, Kings Cross (Anna Freud National Centre for Children and Families)  
**Part-time programme** (as part of full-time employment training programme).  
Trainees will undertake six compulsory modules to the value of 120 credits.  
Please note that the list of modules given here is indicative. This information is published a long time in advance of enrolment and module content and availability is subject to change.

#### Compulsory modules

- The programme is divided into six compulsory modules which are delivered across the year.  
- EMHP Fundamental Skills: Children and Young People’s Mental Health Settings: Content and Values (15 credits)  
- EMHP Fundamental Skills: Assessment and Engagement (15 credits)  
- EMHP Evidence-based Interventions for Common Mental Health Problems with Children and Young People: Theory and Skills (30 credits)  
- Working, Engaging and Assessing in Educational Settings (15 credits)  
- Common Problems and Processes in Educational Settings (15 credits)  
- Interventions for Emerging Mental Health Difficulties in Educational Settings (30 credits)

#### Optional modules

- There are no optional modules for this programme.

Site Learning All trainees will undertake this programme alongside employment in a Mental Health Support Team trailblazer site. Clinical Commissioning Groups are invited by NHS England to create Mental Health Support Teams as discussed in the Green Paper. These teams will be employed by emotional wellbeing and mental health services across London and the South East and will be working in educational settings with children and young people. The EMHP role will form part of the mental health support team.

During training, the post-holder will work under supervision at their site to gain experience in educational settings. This will enable them to gain the level of competence required to deliver high-quality, evidence-based early interventions for children and young people experiencing mild to moderate mental health problems in schools. N.B. Any students applying for this programme need to also secure a relevant EMHP post with a Mental Health Support Team Trailblazer site that is linked to UCL.
**Your career**

On successful completion of training, EMHPs will develop the necessary knowledge and skills to offer low intensity evidence-based interventions for mild to moderate mental health difficulties in educational settings.

**Employability**

Following completion of the programme, the expectation is that EMHPs will work in the new Mental Health Support Teams who will provide emotional wellbeing support directly to schools.
Entry requirements

Normally a minimum of a second-class Bachelor's degree from a UK university or an overseas qualification of an equivalent standard is required (in any academic subject). No prior professional experience / accreditation is required.

**English language proficiency level**

If your education has not been conducted in the English language, you will be expected to demonstrate evidence of an adequate level of English proficiency.

The level of English language proficiency for this programme is: Good.

Information about the evidence required, acceptable qualifications and test providers is provided at:

www.ucl.ac.uk/graduate/english-requirements

Your application

Together with essential academic requirements, the personal statement is your opportunity to illustrate your reasons for applying to this programme.

Additionally, your supporting statement should be tailored to the position of EMHP trainee and state clearly how you meet the person specification for this role.

Applicants are also required to show:

- Evidence of ability to study successfully at postgraduate level.
- Substantial experience working with children and young people in health and/or educational settings in either an employed or formal volunteer helping role.
- Evidence that they have a broad understanding of mental health issues and the UK's educational systems.
- The skills to form a good helping relationship with children and young people with mental health problems.

FEES AND FUNDING 2019/20 ENTRY

// UK: See Fees Note (PT)
// EU: See Fees Note (PT)

The tuition fees shown are for the year indicated above. Fees for subsequent years may increase or otherwise vary. Further information on fee status, fee increases and the fee schedule can be viewed on the UCL Students website.

Places on this programme are funded by Health Education England.

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Full details of funding opportunities can be found on the UCL Scholarships website: www.ucl.ac.uk/scholarships

APPLICATION DEADLINE

All applicants: 6 September 2019

Early application is advised as programmes may close as soon as places are filled.

Details on how to apply are available on the website at:

www.ucl.ac.uk/graduate/apply

CONTACT

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EU referendum

For up-to-date information relating to specific key questions following the UK's decision to leave the EU, please refer to www.ucl.ac.uk/brexit