CHILD AND YOUNG PERSONS
PSYCHOLOGICAL WELLBEING
PRACTICE PG Cert /
2019/20 ENTRY

www.ucl.ac.uk/graduate/
This programme, a Department of Health initiative, aims to train a new workforce for CAMHS: Children’s Wellbeing Practitioners (CWP). Graduates will complement the work of existing practitioners by building better links with communities and offering rapid access to low intensity evidence-based treatment interventions, for mild to moderate mental health difficulties. The programme is only available to employees of CYP-IAPT partnerships in London and the South East.

**Degree summary**

Students will learn evidence-based principles that can be delivered within low-intensity interventions for mild-to-moderate mental health difficulties as part of a stepped-care model of service delivery.

- The programme is based and taught at the Anna Freud National Centre for Children and Families, a national charity with a worldwide reputation.
- We aim to equip students with the knowledge, attitude and competence to operate effectively in service that is inclusive and values driven. Our students will be taught the fundamental skills used to assess cases involving young people.
- Students will develop insight and competencies in effective brief (low-intensity) interventions for children, young people and family systems, as well as a range of written and computerised interventions. They will also learn how to work with other services in the child and adolescent field.

Trainees will be expected to attend teaching for approximately 3 days a week in the first term and one day a week in terms 2 and 3. Teaching is a combination of lecture-style workshops and small group seminars delivered by leading practitioners in the field. Assessment on the programme will comprise a combination of written, oral and video assessments.

**Degree structure**

Mode: Part-time: 1 year

Location: London, Kings Cross (Anna Freud National Centre for Children and Families)

Students undertake three core modules to the value of 60 credits. Please note that the list of modules given here is indicative. This information is published a long time in advance of enrolment and module content and availability is subject to change.

### COMPULSORY MODULES

- The programme is divided into three core modules which run in parallel over the year.
- **Fundamental Skills: Children and Young People’s Mental Health Settings: Context and Values**
- **Fundamental Skills: Assessment and Engagement**
- **Evidence-based Interventions: Theory & Skills**

### OPTIONAL MODULES

- There are no optional modules for this programme.
- There is no dissertation for this programme.
All successful applicants will be undertaking this programme in conjunction with their service role in the CAMHS workforce as a CWP.
**Entry requirements**

Normally a minimum of a second-class Bachelor's degree from a UK university or an overseas qualification of an equivalent standard in a relevant subject (e.g. psychology).

**English language proficiency level**

If your education has not been conducted in the English language, you will be expected to demonstrate evidence of an adequate level of English proficiency.

The level of English language proficiency for this programme is: Good.

Information about the evidence required, acceptable qualifications and test providers is provided at: www.ucl.ac.uk/graduate/english-requirements

**Your application**

When we assess your application we would like to learn:

- why you want to study CYP Psychological Wellbeing Practice at graduate level
- why you want to study CYP Psychological Wellbeing Practice at UCL
- what particularly attracts you to this programme
- how your academic and professional background meets the demands of this rigorous programme
- where you would like to go professionally with your degree

Together with essential academic requirements, the personal statement is your opportunity to illustrate whether your reasons for applying to this programme match what the programme will deliver.

**FEES AND FUNDING 2019/20 ENTRY**

- UK: £See Fees Note (PT)
- EU: £See Fees Note (PT)

The tuition fees shown are for the year indicated above. Fees for subsequent years may increase or otherwise vary. Further information on fee status, fee increases and the fee schedule can be viewed on the UCL Students website.

Fees for this programme are available on request from the department.

Places on this programme are funded by Health Education England. For further details, visit the London and South East CYP IAPT Learning Collaborative website.

Full details of funding opportunities can be found on the UCL Scholarships website: www.ucl.ac.uk/scholarships

**CONTACT**

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**EU referendum**

For up-to-date information relating to specific key questions following the UK’s decision to leave the EU, please refer to www.ucl.ac.uk/brexit