COGNITIVE BEHAVIOURAL THERAPY FOR CHILDREN AND YOUNG PEOPLE MSc / 2017/18 ENTRY

www.ucl.ac.uk/graduate/pls
This programme provides training for individuals in outcomes-based CBT interventions to promote psychological wellbeing in children and young people. This Master’s programme is aimed at professionals already working in the field of children's services, including social care, education and health, who hope to gain skills they can practise in the workplace.

### Degree summary

The programme will develop participants’ knowledge and skills in cognitive behavioural based interventions with children and young people experiencing a range of difficulties in social and emotional aspects of their development. Participants will also develop skills in evaluating the impact of their own work, in order to be able to reflect on and modify practice in future.

- The programme is based and taught at the Anna Freud National Centre for Children and Families, the leading national charity supporting young minds through innovative therapeutic practice, training and research. The vision of the centre is a world in which children, young people and their families are effectively supported to build on their own strengths to achieve their goals in life.
- Students benefit from the centre’s collaboration with UCL; they gain the advantages of studying within the intimate and vibrant environment of the centre, together with access to the facilities and resources of UCL - an internationally renowned university.

The programme is delivered at the Anna Freud National Centre for Children and Families, and taught by leading practitioners in the field. Teaching is a combination of lectures, workshops and seminars. A core component of the programme is videoing of students’ CBT practice which is discussed in small practice tutor groups during each teaching day.

### Degree structure

**Mode:** Flexible: up to 3 years

**Location:** London, Hampstead (Anna Freud Centre) and Yale University (USA)

All candidates should initially enrol for the Postgraduate Certificate (modules 1-4, 60 credits). On completion they should make a decision to terminate their studies at that point or enrol to take further modules for the Diploma (modules 5–8, 60 credits) and MSc (dissertation module, 60 credits).

#### CORE MODULES

- **Certificate:**
  - Introduction to Cognitive Behavioural Therapy in Context
  - Assessment and Engagement for Cognitive Behavioural Therapy in Context
  - Basic Skills (Developing Understanding)
  - Basic Skills (Methods of Change)
- **Diploma:**
  - Introduction to Disorder Specific Approaches
  - Disorder Specific Approaches

#### OPTIONAL MODULES

- There are no optional modules for this programme.

#### DISSERTATION/REPORT

- All MSc students undertake an independent research project which culminates in a substantial dissertation.
Your career

The programme is aimed at applicants in relevant employment and supports career progression.

Employability

CBT for children and young people is one of a number of evidence-based interventions for common childhood problems and disorders. The demand for professionals with skills in this area is known to be high and is likely to grow. Students will have a (Certificate/Diploma/Master’s) UCL qualification in CBT with children and this will be much valued by employers looking to develop this type of intervention within their service. Several of our students have been funded by employers who want to increase their supervisory capacity in CBT and this is likely to be a trend that will continue.
Entry requirements

Normally a minimum of a second-class UK Bachelor’s degree or an overseas qualification of an equivalent standard in a relevant subject (e.g. psychology) and/or professional qualification in a relevant subject. Additionally, applicants must have experience of working with children in education, health or social care settings and a work context that enables them to fulfil the programme requirements (including time to attend, and undertake case work and CBT with children). Please see ‘who can apply’ for further information.

English language proficiency level

If your education has not been conducted in the English language, you will be expected to demonstrate evidence of an adequate level of English proficiency.

The level of English language proficiency for this programme is: Good.

Information about the evidence required, acceptable qualifications and test providers is provided at: www.ucl.ac.uk/graduate/english-requirements

Your application

Students are advised to apply as early as possible due to competition for places. Those applying for scholarship funding (particularly overseas applicants) should take note of application deadlines.

When we assess your application we would like to learn:

// why you want to study this programme at graduate level
// why you want to study this programme at UCL
// what particularly attracts you to this programme
// how your academic and professional background meets the demands of this rigorous programme
// where you would like to go professionally with your qualification

Together with essential academic requirements, the personal statement is your opportunity to illustrate whether your reasons for applying to this programme match what the programme will deliver.

FEES AND FUNDING 2017/18 ENTRY

// UK: £3,930 (FT)
// EU: £3,930 (FT)
// Overseas: £9,290 (FT)

The tuition fees shown are for the year indicated above. Fees for subsequent years may increase or otherwise vary. Further information on fee status, fee increases and the fee schedule can be viewed on the UCL Current Students website.

Please note that the PG Cert and PG Dip must be completed before entry onto the MSc will be allowed. Fees for flexible, modular study are charged pro-rata to the appropriate full-time Master’s fee taken in an academic session.

Full details of funding opportunities can be found on the UCL Scholarships website: www.ucl.ac.uk/scholarships

APPLICATION DEADLINE

All applicants: 31 May 2017

Applications for the MSc closed on 31 May 2017, however applications for the PG Cert and PG Dip will close on 1 September 2017 at 5pm.

Details on how to apply are available on the website at: www.ucl.ac.uk/graduate/apply

CONTACT

Course Administrator
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EU referendum

For up-to-date information relating to specific key questions following the UK’s decision to leave the EU, please refer to www.ucl.ac.uk/eu-referendum